## Protecting Children with Intellectual and Developmental Disabilities

Leigh Ann Davis, Program Manager Justice Initiatives, The Arc July 16, 2014



For people with intellectual and developmental disabilities





## OJJDP's MECP

- MECP offers assistance to local, state and tribal law enforcement, nonprofit organizations, and other juvenile justice practitioners to:
  - strengthen their responses
  - increase the use of evidence-based practices
  - identify and address operational and programmatic needs
- Coordinated by Fox Valley Technical College
- For more information or to submit a training and technical assistance request:
  - www.mecptraining.org
  - mecptraining@fvtc.edu
  - 1-888-347-5610



### www.mecptraining.org



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# About The Arc

 Founded in 1950, nation's leading and largest community-based organization



- Network of 140,000 members in almost 700 state and local chapters serving more than 1.4 million people with I/DD and their families
- National headquarters in Washington, DC with strong federal-level public policy advocacy and program services department (over \$10 million awarded funds)
- Provide life-long services and advocacy in areas such as: prevention, early intervention, special education, health care, employment and *criminal justice*





# Introducing NCCJD



National Center on

Criminal Justice & Disability

- Funded by BJA, Department of Justice
  - Offers I&R, training and technical assistance related to people with disabilities in the criminal justice system as victims or suspects/offenders
- Popular monthly webinar series
- White paper series to include topic of best practices
- On-line resource library that includes
  - Searchable resources by profession (LE, victim advocates, legal)
  - Recent "in the news" stories
  - Coming soon: State map of resources with relevant legislation and lists of experts (attorneys, forensic interviewers, etc.)





# Today's Agenda

- Defining intellectual and developmental disabilities
- Types of violence, risk factors and signs of violence
- Applicable research / issues specific to children with disabilities
- Identify what works: accommodations for communication
- Know the resources, don't try to go it alone

### LOOK DEEPER - IDENTIFY - LEVERAGE





## Abuse of 3 year old with autism





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# Karli's Story



OJJDP

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## How could this happen?

- Having a disability does not inherently breed abuse, but society's response to people with disabilities does.
   (Power of pre-conceived notions of LE or PWD)
- Devalued, invisible, asexual
- Lack of inclusion with regard to every day life community activities and services
- How do you balance safety while increasing independence?



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# Discover your "why"

- People with intellectual disabilities are the single most vulnerable population to victimization
- Reduced fear of liability; increased confidence and skill set
- Because of your unique role in the life of a child, you may be the only chance a child has to get help
- The satisfaction of a job well done you may very well be the child's first and/or only protector





# What is intellectual disability (ID)\*

- About 3 percent of Americans have ID
- Most common syndromes include Autism, Down syndrome, Fragile X syndrome and Fetal Alcohol Spectrum Disorder
- <u>3 criteria to validate presence of ID</u>
  - Must be present from childhood
     (before age 18)
  - → I.Q. (intelligence quotient) is below 70-75
  - Limitations in "adaptive behaviors"

\*See The Arc's fact sheet: <u>http://www.thearc.org/document.doc?id=3661</u>





# What are developmental disabilities?

- DD is a broader term that can include people with intellectual disabilities (ID) or other disorders that occur during the developmental period (birth to age 18)
- Group of conditions that occur due to an impairment in physical, learning, language or behavior areas.
- According to the CDC, about one in six children in the U.S. have one or more developmental disabilities or developmental delays
- Major differences: age of onset, severity of limitations, and the fact that a person with DD may not have a low IQ
- About half of those with ID do not meet criteria for DD





# Types of Violence

- Physical violence hitting, kicking, biting, loss of control during discipline, use of restraints/seclusion, fractures, bruises
- Sexual violence unwanted sexual touch, rape or attempted rape, forcing to touch someone sexually
- Emotional abuse humiliation, social rejection or psychological abuse
- Neglect lack of supervision, medical neglect, hygiene neglect





# **Risk factors**

- Same reasons as children without disabilities, but magnified
- Devaluation
- Isolated/not integrated into outside world
- More dependency on others throughout their lifetime
- Lack of social connections
- Lack of self-advocacy training which can result in low self-esteem/self-image
- Compliance rewarded / strong urge to please
- Perceived as easy target / little or no accountability of offender in most cases





# More risk factors

- Viewed as a non-credible witnesses due to disability
- Low to non-verbal abilities, unable to communicate concept of abuse without appropriate supports
- No or very limited connections with effective advocates (parent or otherwise)

Specific to sexual violence:

- Limited or no access to information about sex or how to report abuse (lack of education in school systems)
- Limited to no access to information about sex or how to report abuse
- A sense of lack of control over their own lives and bodies
- See Arc's Guide to Risk Factors for Abuse

http://www.arcgreatertwincities.org/pdf/ArcGuideAbuseRiskFactors.pdf





## Increased caregivers=increased risk

- Family and friends
- Household members
- Religious groups, programs
- Baby sitters
- Respite care workers
- Social workers
- Personal care attendants
- Teachers and aides
- One on One aide
- Therapists (speech, other)
- Coaches

- Pediatrician and disability specialist health care provider
- Mental health providers
- Dentists
- Case managers, service coordinator
- Bus and van drivers
- After school programs
- Scouts and similar programs
- Recreational therapists
- Neighbors, community acquaintances





# Risk factors for children with FASD

- Trouble understanding consequences of behavior
- May think abuse/violence is their fault
- Excessive desire to please others
- Regardless of IQ level, social functioning substantially lower than those with out FASD

Reference: "The Victimization of Individuals with Fetal Alcohol Syndrome/Effects" by Kathryn Ann Kelly





## Signs of Victimization\*

- Similar to those without disabilities
- Two primary signs to look for: Report from the child and/or sudden or dramatic changes in behavior
- Listen to your own intuition
- False disclosures are rare
- Ask about victimization *routinely*

\*For more information, see The Arc's fact sheet: "Abuse of children with intellectual disabilities": <u>http://www.thearc.org/what-we-do/resources/fact-sheets/abuse</u>





## Indicators: Autism\*

- Exacerbation of social anxiety, generalize anxiety, or phobias
- Depression, irritability, anger or withdrawal
- Difficulty with thinking, concentrating or remembering
- Re-enactment
- Changes in normal behavior and personality
- Self-injury
- Sleep disturbances
- Post Traumatic Stress Disorder (PTSD)

\* For more information: Safe & Sound: Serving Victims of Crime Series, Autism Society available at <u>http://www.autism-society.org/</u>





## 2012 World Health Organization



- Globally, 93 million children have a moderate or severe disability
- First of its kind study to provide pooled prevalence estimates; included17 studies re: violence against CWD between 1990-2010
- Children with ID have a higher risk of violence, most apparent in physical, emotional and sexual violence
- Results suggest up to a quarter of CWD will experience violence within their lifetimes
- Must be viewed as a high-risk group for violence and given priority

### Source: www.thelancet.com





# Violence occurs more often than not...

- 50% more likely to experience violent crimes
- Higher for young and middle-aged
- People with cognitive disabilities more likely to experience violent crime
- 1 in 5 believe they were targeted due to disability

National Crime Victim Survey (2007), Bureau of Justice Statistics





# BJS Report: BJS Justice Statistics National Crime Victim Survey

- Age- adjusted rate of **violent crime** against persons with disabilities (28 per 1000) was **nearly twice the rate** for persons without disabilities (15 per 1000)
- Serious violence (rape/sexual assault, robbery and aggravated assault) 50% of violence, an increase from 36%
- Serious violent victimization was **16** per 1,000 persons with disabilities compared to **5** per 1,000 or 3 times the rate for people without disabilities.

National Crime Victim Survey (2012), Bureau of Justice Statistics





# Children with ID

- Children with IDs experience higher rates of all forms of abuse compared with their typically developing peers (Martinello, 2014)
- Twice the risk of physical and sexual abuse (Crosse , 1993)
- Different degrees of risk of violence depending on type of disability:
- Behavior disorder = physical abuse vs. speech disorder = neglect
- Behavior disorder OR intellectual disability = all 3 forms of abuse (neglect, physical and sexual) is higher compared to children with other types of disabilities (speech/hearing/learning/health impairments/ADD) (Sullivan, 2003) (Sullivan & Knutson, 1998)





# Violence in institutions

- Infamous Willowbook Institution Staten Island, NY (1972)
- GA Advocacy Office: Best way to prevent abuse and neglect is by placing children with disabilities in community
- Some feel problems in institutions can be fixed with more funding, many others do not, saying abuse in institutions cannot be fixed with any amount of funding
- Violence cannot be dealt with administratively it must be brought out in the open and met with accountable measures

*Source*: <u>http://thegao.org/news-resources/preventing-abuse-neglect/</u>





# Human trafficking



- People with disabilities remain one of the groups most at risk of being trafficked; exclusion from justice system contributes to being targets
- Stigma and marginalization of PWD creates a particular vulnerability
- Parents who see no hope of jobs or marriage for their CWDs may place them in exploitative situations with the intent of shedding a "burden" or seeking income
- Where schools fail to accommodate students with disabilities, high school drop-out rates leave them on the streets and at much higher risk of being trafficked
- Commonly held belief that PWD aren't sexually active increases risk of sex trafficking, especially women and girls (EX: HIV/AIDS survey by Yale Univ)
- Governments often ignore disability as a risk factor and don't include PWD in anti-trafficking efforts

US Dept. of State Trafficking in Persons Report 2012 (Topics of Special Interest) available on-line: <u>http://www.state.gov/j/tip/rls/tiprpt/2012/192359.htm</u>





# Bullying

- Nearly one-third of all school-aged children are bullied each year upwards of 13 million students (*Centers for Disease Control*)
- Only 10 U.S. studies have been conducted on the connection between bullying and developmental disabilities, but all found that *children with disabilities were two to three times more likely* to be bullied than their nondisabled peers.
- 64 percent of children who were bullied did not report it; only 36 percent reported the bullying (*The Pacer Center National Bullying Project: <u>www.pacer.org</u>)*
- Children with autism are four times as likely be to targeted as kids without developmental disabilities. (2012, Archives of Pediatric & Adolescent Medicine)
- Washington Post story of 16 year old boy with autism <u>http://www.washingtonpost.com/local/parents-of-autistic-children-fear-their-children-being-bullied--for-good-reason/2014/04/24/ab1eb588-cbce-11e3-a75e-463587891b57\_story.html</u>





# Sexual violence\*



- Children with disabilities face increased risk for sexual violence
- Estimates suggest between 39 and 68% of female and 16 to 30% male children will be sexually abused before age 18 (Mahoney & Poling, 2011)
- Developmental delays throughout the child's life may influence likelihood of sexual abuse (motor, social, language, emotional)
- Caregivers often cited as the most likely perpetrator
- A strong foundation for healthy sexuality must begin in the early years, and a plan of action created (Martinello, 2014)

\* For more information, see The Arc's fact sheet People with ID & Sexual Violence: <u>http://www.thearc.org/what-we-do/resources/fact-sheets/sexual-violence</u>





# Why is sexual abuse so common?



- Sex ED/assertiveness training rarely provided in special education classrooms or elsewhere
- Communication skills / having the correct words or terminology to report sexual assault
- Child doesn't realize the act is wrong/illegal or thinks he or she does not have the right to say no
- Offenders are often connected to them through disability services
- So common that it's expected and has become the norm making sterilization the answer in some countries

Sexual Abuse of Children with Disabilities Issue Brief, Vera Institute of Justice (March 2013) http://www.vera.org/sites/default/files/resources/downloads/sexual-abuse-of-children-with-disabilities-national-snapshot-v3.pdf





# Using simple accommodations

- Be willing to slow down and take extra time
- Keep verbal communication simple, use easy to understand wording and concrete concepts
- Learn and use effective interviewing techniques
- Request help from a "support person" who is not suspected of abuse





# Tips for better communication

- Keep sentences short
- Use simple language
- Speak slowly and clearly
- Ask for concrete descriptions
- Break complicated instructions down into smaller parts
- Use pictures, symbols and actions



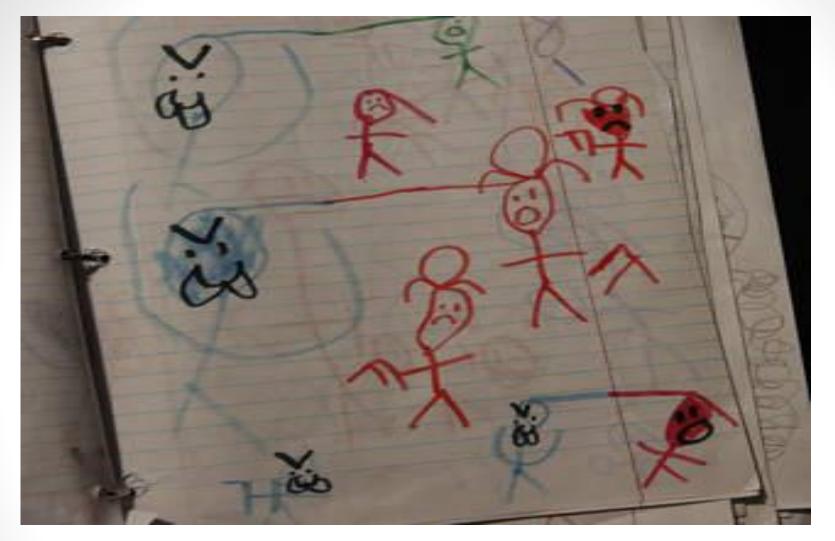


## Children with complex communication needs

- Communication disorders include speech and hearing impairments, learning disabilities, and I/DDs
- Arguably the most vulnerable and underserved among child victims
- Research largely non-existent
- Tools: drawings, communication boards, unrelated/unbiased interpreters



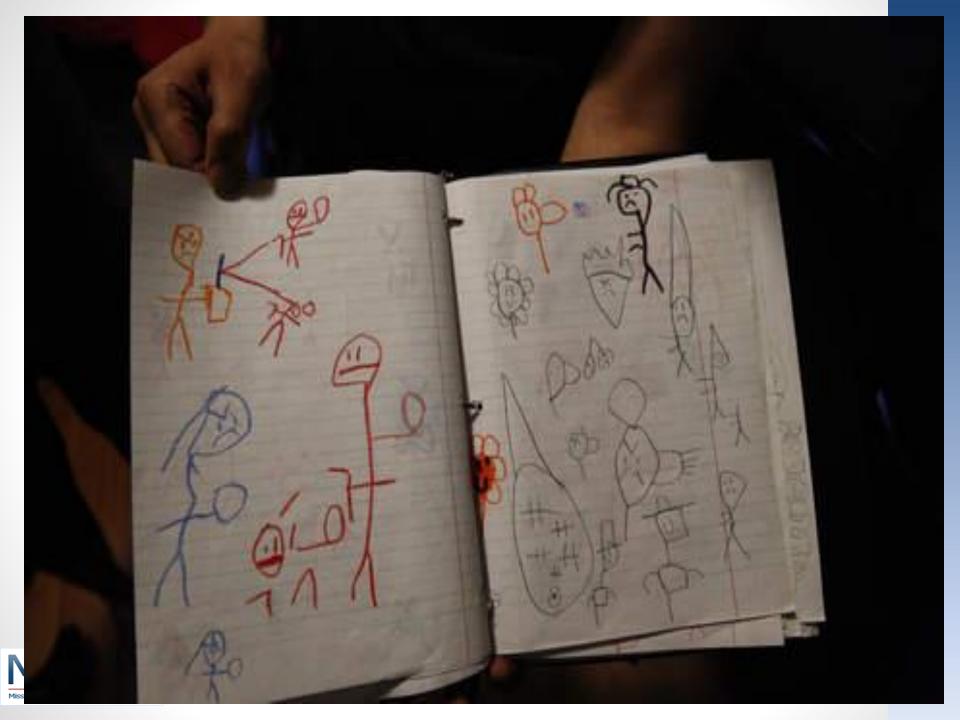


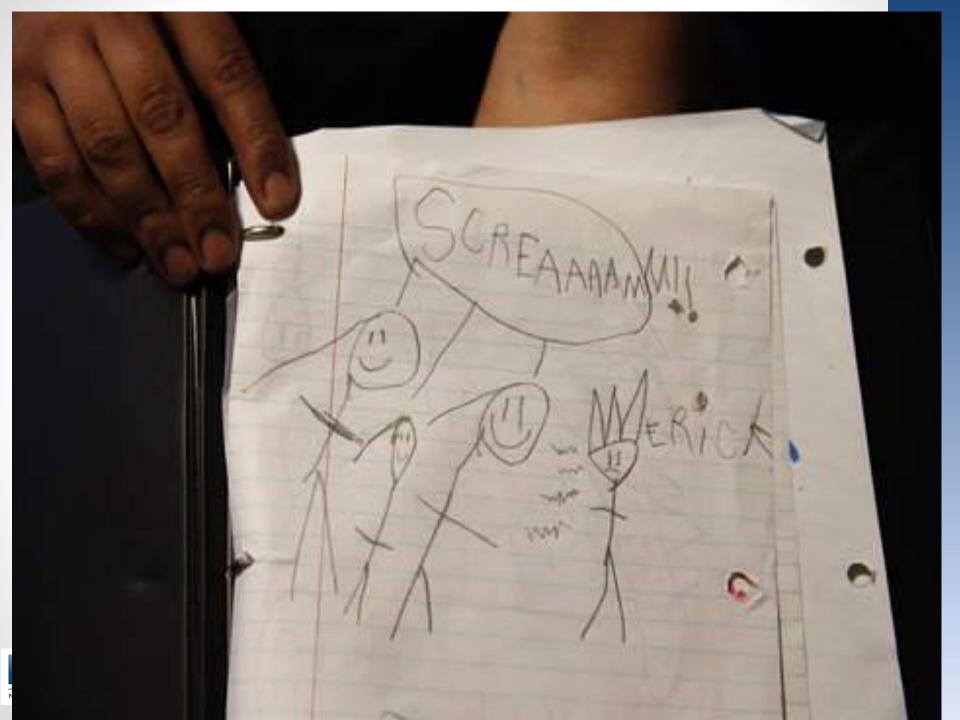


Drawings of Luis Murillo's 8 year old autistic son April 23, 2013. |Ting Shen~Sun-Times Media









# Accommodations for children with autism

Provide:

- More time to process questions
- More distance between child and interviewer
- Assistive technology as needed (low or high tech)
- Shorter interviews
- Elimination of noise and visual stimuli or distractions
- Prescribed medication





# Interviewing Techniques

- Treat victims, and their case, the same as others
- Seek assistance if you can't communicate
- Speech problems do not equal cognitive impairment
- Cognitive impairment is unrelated to reliability of memory / many have very good recall
- Cognitive impairment is unrelated to knowing the truth from a lie

Reference: "Victims with Disabilities: The Forensic Interview," Office for Victims of Crime, April, 2007





# It's a team effort

- You do not have to be an expert on disability issues to make a significant difference in the life of a child!
- Coordinated team approach is recommended (multidisciplinary teams or disability response teams)
- First, second and third responders can help child victims though the process of victim to survivor (via cross-training, sharing of resources and expertise)
- First responders and their agencies should keep a list of local resources and be prepared
- Peer-to-peer training modes work well to help children with disabilities speak out about and against violence





## Resources

 The Arc's National Center on Criminal Justice and Disability (NCCJD)

http://www.thearc.org/NCCJD http://www.thearc.org/NCCJD/resources/by-audience/victim-advocates

- Office for Victims of Crime (creating MDTs)
   http://www.ovc.gov/pubs/victimswithdisabilities/index.html
- Disability & Abuse Project: Risk Reduction WB
   <a href="http://disabilityandabuse.org/books/index.htm">http://disabilityandabuse.org/books/index.htm</a>
- Coalition of Sexual Abuse Against CWD
   <a href="http://www.chicagocac.org/what-we-do/casacd/">http://www.chicagocac.org/what-we-do/casacd/</a>
- NCVC resource directory:

http://www.victimsofcrime.org/library/resource-directory-victims-with-disabilities







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In order to continue our important work, we need to build a broad base of support in the fields of disability and victim advocacy, criminal insting law 2 law



The Arc is pleased to announce it has been awarded a two-year grant for \$400,000 by the U.S. Department of Justice, Bureau of Justice Assistance (BJA) to develop a national center on criminal justice and disability, with a focus on intellectual and developmental disabilities (I/DD). This is the first national effort of its kind to bring together both victim and suspect/offender issues involving people with I/DD under one roof. According to the National Crime Victim Survey of 2010, the victimization rate is twice as high for individuals with disabilities as compared to those without disabilities. <u>Read more</u>.

#### webinar series

Disability Awareness Training; A Train the Trainer Program for First Responders July 31, 2014

#### from the blog

The Arc Responds to U.S. Supreme Court Decision in Hall v. Florida Tuesday, May 27, 2014 3:21:20 PM

<u>The Arc Applauds Stay of</u> <u>Execution of Robert Campbell</u>, <u>Vows to Continue Legal Advocacy</u> <u>Efforts</u> Tuesday, May 13, 2014 7:29:47 PM

The Arc Responds to the Scheduled Execution of Robert Campbell Monday, May 12, 2014 5:59:28 PM National Center on Criminal Justice & Disability

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National Center on Criminal Justice & Disability

